

STEPHEN
WISETEMPLE

Choosing your Tikkun Olam Project - Worksheet

The purpose of this worksheet is to help you identify a Tikkun Olam project that is meaningful, exciting and fun for you; while bringing necessary resources, dignity and a little joy to those in need. Your honest answers to the following questions can help match your individual personality with a project that is perfect for you!

1. What have you, your family or friends been personally affected by or what bothers you about your neighborhood, community, or the world that you are determined to do something to change it? (i.e. – poverty, hunger, animals without homes, cancer, crime, child abuse, intolerance, etc.)

2. What are your talents and skills? (i.e. - athletic, artistic, good cook, organized, leader, etc.)
What do you like to do in your spare time?

3. What projects, organizations currently exist that are responding to your identified problem? you may want to do some research on the internet to answer this one. Visit the Wise B'nai Mitzvah Tikkun Olam site. <http://www.wisela.org/bnaimitzvahprojects/>

4. Whom do you know that can help you? (parents, friends, relatives, rabbi, teachers, coach, etc.)

5. Take notes about what you've learned and what projects interest you.

Planning your Tikkun Olam Project - Timeline

What to do	What I am doing/thinking?	Due Date
Use the questions above to help you choose a project.	What have I chosen? (write it here). You'll also be asked to enter your progress in Mitzvah Tools: https://app.mitzvahtools.com Each item below has a corresponding record in Mitzvah Tools.	No later than 10 months prior to service
Contact the organization you'll be working with.		No later than 10 months prior to service
Start your project. Report on your progress to the coordinator or your tutor.		8 months prior to service
Take pictures of you working on your project. Report on your work to the coordinator or your tutor.		6 months prior to service
Write a paragraph explaining your project. Enter it in Mitzvah Tools.		2 months prior to service
How will you let your guests know?	Speech? Poster Board? Family/Guest participation?	2 months prior to service

**This worksheet was inspired by Danny Siegel's workbook, "Who Me? Yes You!" and adapted from Valley Outreach Synagogue.*