

Blessing for Challah

הַמוֹצֵיאַ

*Baruch ata Adonai eloheynu melech
ha-olam ha motzee lechem min ha'aretz*

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ
הָעוֹלָם הַמוֹצֵיאַ לֶחֶם מִן הָאָרֶץ

Blessed are You Adonai our God, Sovereign of the universe, who brings forth bread from the earth.

Friday Night Blessing for Children

בְּרִכּוֹת הַמְּשִׁפָּחָה

For a boy:

Y'sim'cha Elohim k'Efra-yim v'chi-Mena-sheh.

יְשַׁמְךָ אֱלֹהִים כְּאַפְרַיִם וְכַמְנַשֶּׁה:

May God bless you as the sons of Joseph were blessed - Ephraim and Manasseh.

For a girl:

Y'simeych Elohim k'Sara, Rivka, Rachel v'Leah

יְשַׁמְךָ אֱלֹהִים כְּשָׂרָה רִבְקָה רָחֵל וְלֵאָה:

May God bless you as Sarah, Rebecca, Rachel and Leah were blessed.

For both boys and girls:

Y'va-rech'cha Adonai v'yish-m'recha.

יְבָרְכֶךָ יְיָ וַיְשַׁמְרֶךָ:

Ya-eyr Adonai panav eyle-cha vichu-neka.

יָאֵר יְיָ פָּנָיו אֵלֶיךָ וַיַּחֲנֶנֶךָ:

Yisah Adonai panav eile-cha v'ya-seym lecha shalom

יֵשָׂא יְיָ פָּנָיו אֵלֶיךָ וַיִּשֶׂם לְךָ שָׁלוֹם:

May God bless you and keep you.
May God's light shine upon you and be gracious to you.
May God bestow favor upon you and grant you peace.